Family Safety Center Training Calendar

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10 Building Strong Brains	11
12	13	14	15	16	17 Resiliency for Care Providers	18
19	20	21 Impact of COVID-19 on Service Provision	22	23	24 Safety Planning: Strategies for Survivor Wellbeing	25
26	27	28	29 Human Trafficking 201	30	31	1

10th 11:30-1:00 pm Click to register here. **Building Strong Brains: Tennessee's ACEs Initiative**

Join Lori Myers to learn about how Adverse Childhood Experiences impact the developing brains and bodies of children, creating lifelong health impacts. Attendees will leave with a greater understanding of brain architecture, and strategies to prevent and mitigate ACEs and build resilience.

17th 10:00-11:30 am Click to join <u>here.</u>

Resiliency for Care Providers

This training, with the Sexual Assault Center, is for professionals who provide care to survivors of trauma, especially sexual trauma and gender-based violence. We will discuss the impact of trauma on service providers and organizations as well as the complex nature of self-care and self-awareness. Participants will be able to identify the common signs and symptoms of trauma exposure and engage in discussion regarding cultural wellness within organizations.

21St 1:30-3:00 pm Click to register here.

Work in Progress: Impact of COVID-19 on Service Provision

How has the COVID-19 pandemic affected interpersonal violence services in Middle Tennessee in the last few months? How has work been restructured to adapt to the current moment? What are the challenges and opportunities that have been presented? Join us for this panel discussion about the impact of COVID-19 on services in the Nashville community, including what agencies have done to continue to meet the needs of clients and staff during this time, and lessons learned for future practice. Featuring leadership and direct service staff from the Office of Family Safety, the YWCA of Nashville and Middle TN, Legal Aid Society, Nashville Children's Alliance and the Sexual Assault Center.

24th 10:00-11:30 am

Safety Planning: Strategies for Survivor Well-Being

What is safety planning and why is it so important for those working with survivors of interpersonal violence? This webinar will explore strategies for safety planning, including specific considerations for victims with special circumstances, and attendees will leave with a better understanding of how to assist clients in creating personalized plans to stay safe and promote well-being.

Click to register<u>here.</u>

Human Trafficking 201

Join us for a deeper dive into the subject of human trafficking, as we explore more about the dynamics of human trafficking and how you can better serve trafficking victims in your work.

29th 9:30-11:00 am Click to register here.